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When the Garden Isn’t Eden
More Psychodynamic Concepts from Life
Kerry L Malawista, Anne J Adelman, Linda Kanefield

Stories can explore complicated ideas and bring shared experiences to life. Footage of the Knicks’ upset win in the NBA finals triggers a traumatic memory of family tragedy. A young girl starts bullying her best friend after her big sister goes off to sleepaway camp. An adolescent works through her feelings of anger at her father over her parents’ divorce after discovering his infidelity. A patient’s ugly shoes remind an analyst of her own childhood scars. A daughter recognizes her Holocaust-survivor father’s resilience as she comes to terms with his vulnerability after a life-altering accident. Bringing together these narratives and many more, When the Garden Isn’t Eden reveals how psychoanalysis sheds light on the troubles of everyday life.

Through poignant and sometimes painful stories from their personal and professional lives, three practicing psychoanalysts demonstrate the richness of psychodynamic thinking. Each chapter offers an illustrative and powerful personal vignette followed by an analytical reflection that explicates key psychodynamic concepts, showing how these ideas inform and deepen our understanding of what makes us human. Blending storytelling and psychotherapy, When the Garden Isn’t Eden makes psychodynamic theory vivid and accessible to students, teachers, clinicians, and anyone curious about how therapists work and think.

Wearing My Tutu to Analysis
and Other Stories
Learning Psychodynamic Concepts from Life
Kerry Malawista, Anne Adelman, Catherine Anderson

There couldn’t be a more appropriate method for illustrating the dynamics of psychoanalysis than the vehicle of story. In this book, Kerry L. Malawista, Anne J. Adelman, and Catherine L. Anderson share amusing, poignant, and sometimes difficult stories from their personal and professional lives, inviting readers to explore the complex underpinnings of the psychoanalytic profession and its esoteric theories. Through their narratives, these practicing analysts show how to incorporate psychodynamic concepts and identify common truths at the root of shared experience. Their approach demystifies dense material and the emotional consequences of deep clinical work. The book covers psychodynamic theory, the development of ideas, various techniques, the challenges of treatment, and the experiences of trauma and loss. Each section begins with a brief memoir by one of the authors and leads into a discussion of related concepts. Overall the text follows a developmental trajectory, opening with stories from early childhood and concluding with present encounters. The result is a unique approach enabling the absorption of psychodynamic concepts as they unfold across the life span.
The Brain and Pain
Breakthroughs in Neuroscience
Richard Ambron

Pain is an inevitable part of existence, but severe debilitating or chronic pain is a pathological condition that diminishes the quality of life. The Brain and Pain explores the present and future of pain management, providing a comprehensive understanding based on the latest discoveries from many branches of neuroscience.

Richard Ambron—the former director of a neuroscience lab that conducted leading research in this field—explains the science of how and why we feel pain. He describes how the nervous system and brain process information that leads to the experience of pain, detailing the cellular and molecular functions that are responsible for the initial perceptions of an injury. He discusses how pharmacological agents such as opiates affect the duration and intensity of pain. Ambron examines new evidence showing that discrete circuits in the brain modulate the experience of pain in response to a placebo, fear, anxiety, belief, or other circumstances, as well as how pain can be relieved by activating these circuits using mindfulness training and other nonpharmacological treatments. The book also evaluates the prospects of procedures such as deep brain stimulation and optogenetics.

Current and thorough, The Brain and Pain will be invaluable for a range of people seeking to understand their options for treatment as well as students in neuroscience and medicine.

The Illusionist Brain
The Neuroscience of Magic
Jordi Camí, Luis M. Martínez

How do magicians create the illusion of the impossible? The Illusionist Brain takes you on an unforgettable journey through the inner workings of the human mind, revealing how magicians achieve their spectacular and seemingly impossible effects by interfering with your cognitive processes. Along the way, this lively and informative book provides a guided tour of modern neuroscience, using magic as a lens for understanding the unconscious and automatic functioning of our brains.

We construct reality from the information stored in our memories and received through our senses, and our brains are remarkably adept at tricking us into believing that our experience is continuous. In fact, our minds create our perception of reality by elaborating meanings and continuities from incomplete information, and while this strategy carries clear benefits for survival, it comes with blind spots that magicians know how to exploit. Jordi Camí and Luis Martínez explore the many different ways illusionists manipulate our attention—making us look but not see—and take advantage of our individual predispositions and fragile memories.

The Illusionist Brain draws on the latest findings in neuroscience to explain how magic deceives us, surprises us, and amazes us, and demonstrates how illusionists skillfully “hack” our brains to alter how we perceive things and influence what we imagine.
Zero to Birth
How the Human Brain Is Built
William A. Harris

A revelatory tale of how the human brain develops, from conception to birth and beyond

By the time a baby is born, its brain is equipped with billions of intricately crafted neurons wired together through trillions of interconnections to form a compact and breathtakingly efficient supercomputer. Zero to Birth takes you on an extraordinary journey to the very edge of creation, from the moment of an egg’s fertilization through each step of a human brain’s development in the womb—and even a little beyond.

As pioneering experimental neurobiologist W. A. Harris guides you through the process of how the brain is built, he takes up the biggest questions that scientists have asked about the developing brain, describing many of the thrilling discoveries that were foundational to our current understanding. He weaves in a remarkable evolutionary story that begins billions of years ago in the Proterozoic eon, when multicellular animals first emerged from single-cell organisms, and reveals how the growth of a fetal brain over nine months reflects the brain’s evolution through the ages. Our brains have much in common with those of other animals, and Harris offers an illuminating look at how comparative animal studies have been crucial to understanding what makes a human brain human.

An unforgettable chronicle of one of nature’s greatest achievements, Zero to Birth describes how the brain’s incredible feat of orchestrated growth ensures that every brain is unique, and how breakthroughs at the frontiers of science are helping us to decode many traits that only reveal themselves later in life.


There Is Life After the Nobel Prize
Eric Kandel

One day in 1996, the neuroscientist Eric R. Kandel took a call from his program officer at the National Institute of Mental Health, who informed him that he had been awarded a key grant. Also, the officer said, he and his colleagues thought Kandel would win the Nobel Prize. “I hope not soon,” Kandel’s wife, Denise, said when she heard this. Sociologists had found that Nobel Prize winners often did not contribute much more to science, she explained.

In this book, Kandel recounts his remarkable career since receiving the Nobel in 2000—or his experience of proving to his wife that he was not yet “completely dead intellectually.” He takes readers through his lab’s scientific advances, including research into how long-term memory is stored in the brain, the nature of age-related memory loss, and the neuroscience of drug addiction and schizophrenia. Kandel relates how the Nobel Prize gave him the opportunity to reach a far larger audience, which in turn allowed him to discover and pursue new directions. He describes his efforts to promote public understanding of science and to put brain science and art into conversation with each other. Kandel also discusses his return to Austria, which he had fled as a child, and observes Austria’s coming to terms with the Nazi period. Showcasing Kandel’s accomplishments, erudition, and wit, There Is Life After the Nobel Prize is a candid account of the working life of an acclaimed scientist.
The Carriers
What the Fragile X Gene Reveals About Family, Heredity, and Scientific Discovery
Anne Skomorowsky

A tiny mutation on the X chromosome can shape a family's history. Passed down from a "carrier" parent to a child, fragile X syndrome is the most common inherited cause of intellectual disability and autism. Beyond that—and a rarity among genetic disorders—some fragile X carriers not only transmit the mutation but also experience related conditions themselves. In such cases, carriers can have tremors, infertility, and psychiatric disorders that complicate raising children with fragile X syndrome—and all too often, they suffer in silence.

The Carriers investigates this common but still little-known genetic condition and its life-altering consequences. Anne Skomorowsky reveals how this disorder affects families across generations, telling the stories of the mothers and grandparents of fragile X patients and considering how genes interact with family dynamics. She interweaves the personal narratives and family histories of the people affected by fragile X disorders with clear and accessible explanations of the science behind them. Skomorowsky unpacks the latest research on the fragile X mutation and explores the history of its discovery. She highlights the roles of women as carriers, caregivers, and researchers who have made astonishing scientific breakthroughs over the last three decades.

The Carriers is an essential book for fragile X families, including those just learning they are carriers, and for all readers interested in the complexities of heredity, the ethical dilemmas of genetic medicine, and the relationship between genes and personality.

Balance
How It Works and What It Means
Paul Thagard

Living is a balancing act. Ordinary activities like walking, running, or riding a bike require the brain to keep the body in balance. A dancer's poised elegance and a tightrope walker's breathtaking performance are feats of balance. Language abounds with expressions and figures of speech that invoke balance. People fret over work-life balance or try to eat a balanced diet. The concept crops up from politics—checks and balances, the balance of power, balanced budgets—to science, in which ideas of equilibrium are crucial. Why is balance so fundamental, and how do physical and metaphorical balance shed light on each other?

Paul Thagard explores the physiological workings and metaphorical resonance of balance in the brain, the body, and society. He describes the neural mechanisms that keep bodies balanced and explains why their failures can result in nausea, falls, or vertigo. Thagard connects bodily balance with leading ideas in neuroscience, including the nature of consciousness. He analyzes balance metaphors across science, medicine, economics, the arts, and philosophy, showing why some aid understanding but others are misleading or harmful. Thagard contends that balance is ultimately a matter of making sense of the world. In both literal and metaphorical senses, balance is what enables people to solve the puzzles of life by turning sensory signals or an incongruous comparison into a coherent whole.

Bridging philosophy, psychology, and neuroscience, Balance shows how an unheralded concept's many meanings illuminate the human condition.
The Altruistic Urge
Why We’re Driven to Help Others
Stephanie D. Preston

Ordinary people can perform acts of astonishing selflessness, sometimes even putting their lives on the line. A pregnant woman saw a dorsal fin and blood in the water—and dove right in to pull her wounded husband to safety. Remarkably, some even leap into action to save complete strangers: one New York man jumped onto the subway tracks to rescue a boy who had fallen into the path of an oncoming train. Such behavior is not uniquely human. Researchers have found that mother rodents are highly motivated to bring newborn pups—not just their own—back to safety. What do these stories have in common, and what do they reveal about the instinct to protect others?

In *The Altruistic Urge*, Stephanie D. Preston explores how and why we developed a surprisingly powerful drive to help the vulnerable. She argues that the neural and psychological mechanisms that evolved to safeguard offspring also motivate people to save strangers in need of immediate aid. Eye-catching dramatic rescues bear a striking similarity to how other mammals retrieve their young and help explain more mundane forms of support like donating money. Merging extensive interdisciplinary research that spans psychology, neuroscience, neurobiology, and evolutionary biology, Preston develops a groundbreaking model of altruistic responses. Her theory accounts for extraordinary feats of bravery, all-too-common apathy, and everything in between—and it can also be deployed to craft more effective appeals to assist those in need.

The Analyst
A Daughter’s Memoir
Alice Wexler

Milton Wexler was among the most unconventional and compelling figures of the golden age of psychoanalysis in America. An influential and sometimes controversial analyst, he pursued interests ranging from the treatment of schizophrenia to group therapy with artists to advocacy for research on Huntington’s disease. At a time when psychoanalysis tended to validate adjustment and conformity, Wexler embraced personal and social liberation, for himself as well as for others. From Teachers’ College at Columbia University to the Menninger Foundation in Topeka to the galleries and gilded hills of Hollywood, he traversed the country and the century.

*The Analyst* is an intimate and searching portrait of Milton Wexler, written by his daughter, an acclaimed historian. Alice Wexler illuminates her father’s intense private life and explores how his life and work illuminate the broader reaches of Freudian ideas in the United States. She draws on decades of Milton Wexler’s unpublished family and professional correspondence and manuscripts as well as her own interviews, diaries, and memories. Through the lens of Milton Wexler’s friendships, the book offers glimpses into the lives of cultural icons such as Lillian Hellman, Eppie Lederer (Ann Landers), and Frank Gehry. *The Analyst* is at once a striking account of the arc of an iconoclast’s life, a daughter’s moving meditation on her complex father, and a new window onto the wider landscape of psychoanalysis and science in the twentieth century.
Consciousness and the Unconscious
Lectures Delivered at ETH Zurich, Volume 2:
1934
C.G. Jung, Ernst Falzeder

Jung’s lectures on consciousness and the unconscious—in English for the first time

Between 1933 and 1941, C. G. Jung delivered a series of public lectures at the Swiss Federal Institute of Technology (ETH) in Zurich. Intended for a general audience, these lectures addressed a broad range of topics, from dream analysis and yoga to the history of psychology. They are at the center of Jung’s intellectual activity in this period and provide the basis of his later work. Here for the first time in English is Jung’s introduction to his core psychological theories and methods, delivered in the summer of 1934.

With candor and wit, Jung shares with his audience the path he himself took to understanding the nature of consciousness and the unconscious. He describes their respective characteristics using examples from his clinical experience as well as from literature, his travels, and everyday life. For Jung, consciousness is like a small island in the ocean of the unconscious, while the unconscious is part of the primordial condition of humankind. Jung explains various methods for uncovering the contents of the unconscious, in particular talk therapy and dream analysis.

Complete with explanations of Jungian concepts and terminology, Consciousness and the Unconscious painstakingly reconstructs and translates these talks from detailed shorthand notes by attendees, making a critical part of Jung’s work available to today’s readers.

Vulnerable Minds
The Neuropolitics of Divided Societies
Liya Yu

Neuroscience research has raised a troubling possibility: Could the tendency to stigmatize others be innate? Some evidence suggests that the brain is prone to in-group and out-group classifications, with consequences from ordinary blind spots to full-scale dehumanization. Many are inclined to reject the argument that racism and discrimination could have a cognitive basis. Yet if we are all vulnerable to thinking in exclusionary ways—if everyone, from the most ardent social-justice advocates to bigots and xenophobes, has mental patterns and structures in common—could this shared flaw open new prospects for political rapprochement?

Liya Yu develops a novel political framework that builds on neuroscientific discoveries to rethink the social contract. She argues that our political selves should be understood in terms of our shared social capacities, especially our everyday exclusionary tendencies. Yu contends that cognitive dehumanization is the most crucial disruptor of cooperation and solidarity, and liberal values-based discourse is inadequate against it. She advances a new neuropolitical language of persuasion that refrains from moralizing or shaming and instead appeals to shared neurobiological vulnerabilities. Offering practical strategies to address those we disagree with most strongly, Vulnerable Minds provides timely guidance on meeting the challenge of including and humanizing others.
An Internet in Your Head
A New Paradigm for How the Brain Works
Daniel Graham

Whether we realize it or not, we think of our brains as computers. In neuroscience, the metaphor of the brain as a computer has defined the field for much of the modern era. But as neuroscientists increasingly reevaluate their assumptions about how brains work, we need a new metaphor to help us ask better questions.

The computational neuroscientist Daniel Graham offers an innovative paradigm for understanding the brain. He argues that the brain is not like a single computer—it is a communication system, like the internet. Both are networks whose power comes from their flexibility and reliability. The brain and the internet both must route signals throughout their systems, requiring protocols to direct messages from just about any point to any other. But we do not yet understand how the brain manages the dynamic flow of information across its entire network. The internet metaphor can help neuroscience unravel the brain’s routing mechanisms by focusing attention on shared design principles and communication strategies that emerge from parallel challenges. Highlighting similarities between brain connectivity and the architecture of the internet can open new avenues of research and help unlock the brain’s deepest secrets.

An Internet in Your Head presents a clear-eyed and engaging tour of brain science as it stands today and where the new paradigm might take it next. It offers anyone with an interest in brains a transformative new way to conceptualize what goes on inside our heads.

Not Born Yesterday
The Science of Who We Trust and What We Believe
Hugo Mercier

Why people are not as gullible as we think

Not Born Yesterday explains how we decide who we can trust and what we should believe—and argues that we’re pretty good at making these decisions. In this lively and provocative book, Hugo Mercier demonstrates how virtually all attempts at mass persuasion—whether by religious leaders, politicians, or advertisers—fail miserably. Drawing on recent findings from political science and other fields ranging from history to anthropology, Mercier shows that the narrative of widespread gullibility, in which a credulous public is easily misled by demagogues and charlatans, is simply wrong.

Why is mass persuasion so difficult? Mercier uses the latest findings from experimental psychology to show how each of us is endowed with sophisticated cognitive mechanisms of open vigilance. Computing a variety of cues, these mechanisms enable us to be on guard against harmful beliefs, while being open enough to change our minds when presented with the right evidence. Even failures—when we accept false confessions, spread wild rumors, or fall for quack medicine—are better explained as bugs in otherwise well-functioning cognitive mechanisms than as symptoms of general gullibility.

Not Born Yesterday shows how we filter the flow of information that surrounds us, argues that we do it well, and explains how we can do it better still.
**On Task**

How Our Brain Gets Things Done

David Badre

A look at the extraordinary ways the brain turns thoughts into actions—and how this shapes our everyday lives

Why is it hard to text and drive at the same time? How do you resist eating that extra piece of cake? Why does staring at a tax form feel mentally exhausting? Why can your child expertly fix the computer and yet still forget to put on a coat? From making a cup of coffee to buying a house to changing the world around them, humans are uniquely able to execute necessary actions. How do we do it? Or in other words, how do our brains get things done? In *On Task*, cognitive neuroscientist David Badre presents the first authoritative introduction to the neuroscience of cognitive control—the remarkable ways that our brains devise sophisticated actions to achieve our goals. We barely notice this routine part of our lives. Yet, cognitive control, also known as executive function, is an astonishing phenomenon that has a profound impact on our well-being.

Drawing on cutting-edge research, vivid clinical case studies, and examples from daily life, Badre sheds light on the evolution and inner workings of cognitive control. He examines issues from multitasking and willpower to habitual errors and bad decision making, as well as what happens as our brains develop in childhood and change as we age—and what happens when cognitive control breaks down. Ultimately, Badre shows that cognitive control affects just about everything we do.

A revelatory look at how billions of neurons collectively translate abstract ideas into concrete plans, *On Task* offers an eye-opening investigation into the brain’s critical role in human behavior.

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**What Makes Us Smart**

The Computational Logic of Human Cognition

Samuel Gershman

How a computational framework can account for the successes and failures of human cognition

At the heart of human intelligence rests a fundamental puzzle: How are we incredibly smart and stupid at the same time? No existing machine can match the power and flexibility of human perception, language, and reasoning. Yet, we routinely commit errors that reveal the failures of our thought processes. *What Makes Us Smart* makes sense of this paradox by arguing that our cognitive errors are not haphazard. Rather, they are the inevitable consequences of a brain optimized for efficient inference and decision making within the constraints of time, energy, and memory—in other words, data and resource limitations. Framing human intelligence in terms of these constraints, Samuel Gershman shows how a deeper computational logic underpins the “stupid” errors of human cognition.

Embarking on a journey across psychology, neuroscience, computer science, linguistics, and economics, Gershman presents unifying principles that govern human intelligence. First, inductive bias: any system that makes inferences based on limited data must constrain its hypotheses in some way before observing data. Second, approximation bias: any system that makes inferences and decisions with limited resources must make approximations. Applying these principles to a range of computational errors made by humans, Gershman demonstrates that intelligent systems designed to meet these constraints yield characteristically human errors.

Examining how humans make intelligent and maladaptive decisions, *What Makes Us Smart* delves into the successes and failures of cognition.
Analytical Psychology in Exile
The Correspondence of C. G. Jung and Erich Neumann
C. G. Jung, Erich Neumann, Martin Liebscher, Heather McCartney

Two giants of twentieth-century psychology in dialogue

C. G. Jung and Erich Neumann first met in 1933, at a seminar Jung was conducting in Berlin. Jung was fifty-seven years old and internationally acclaimed for his own brand of psychotherapy. Neumann, twenty-eight, had just finished his studies in medicine. The two men struck up a correspondence that would continue until Neumann’s death in 1960. A lifelong Zionist, Neumann fled Nazi Germany with his family and settled in Palestine in 1934, where he would become the founding father of analytical psychology in the future state of Israel.

Presented here in English for the first time are letters that provide a rare look at the development of Jung's psychological theories from the 1930s onward as well as the emerging self-confidence of another towering twentieth-century intellectual who was often described as Jung’s most talented student. Neumann was one of the few correspondence partners of Jung’s who was able to challenge him intellectually and personally. These letters shed light on not only Jung’s political attitude toward Nazi Germany, his alleged anti-Semitism, and his psychological theory of fascism, but also his understanding of Jewish psychology and mysticism. They affirm Neumann’s importance as a leading psychologist of his time and paint a fascinating picture of the psychological impact of immigration on the German Jewish intellectuals who settled in Palestine and helped to create the state of Israel.

Featuring Martin Liebscher’s authoritative introduction and annotations, this volume documents one of the most important intellectual relationships in the history of analytical psychology.

Dream Interpretation Ancient and Modern
Notes from the Seminar Given in 1936–1941 - Updated Edition
C. G. Jung, John Peck, Lorenz Jung, Maria Meyer-Grass, Ernst Falzeder, Tony Woolfson

Jung’s landmark seminar sessions on dream interpretation and its history

From 1936 to 1941, C. G. Jung gave a four-part seminar series in Zurich on children’s dreams and the historical literature on dream interpretation. This book completes the two-part publication of this landmark seminar, presenting the sessions devoted to dream interpretation and its history. Here we witness Jung as both clinician and teacher: impatient and sometimes authoritarian but also witty, wise, and intellectually daring, a man who, though brilliant, could be vulnerable, uncertain, and humbled by life’s mysteries. These sessions open a window on Jungian dream interpretation in practice, as Jung examines a long dream series from the Renaissance physician Girolamo Cardano. They also provide the best example of group supervision by Jung the educator. Presented here in an inspired English translation commissioned by the Philemon Foundation, these sessions reveal Jung as an impassioned teacher in dialogue with his students as he developed and refined the discipline of analytical psychology.

An invaluable document of perhaps the most important psychologist of the twentieth century at work, this splendid book is the fullest representation of Jung’s interpretations of dream literatures, filling a critical gap in his collected works.
Dream Symbols of the Individuation Process
Notes of C. G. Jung’s Seminars on Wolfgang Pauli’s Dreams
C. G. Jung, Suzanne Gieser

Jung’s legendary American lectures on dream interpretation

In 1936 and 1937, C. G. Jung delivered two legendary seminars on dream interpretation, the first on Bailey Island, Maine, the second in New York City. *Dream Symbols of the Individuation Process* makes these lectures widely available for the first time, offering a compelling look at Jung as he presents his ideas candidly and in English before a rapt American audience.

The dreams presented here are those of Nobel Prize–winning physicist Wolfgang Pauli, who turned to Jung for therapeutic help because of troubling personal events, emotional turmoil, and depression. Linking Pauli’s dreams to the healing wisdom found in many ages and cultures, Jung shows how the mandala—a universal archetype of wholeness—spontaneously emerges in the psyche of a modern man, and how this imagery reflects the healing process. He touches on a broad range of themes, including psychological types, mental illness, the individuation process, the principles of psychotherapeutic treatment, and the importance of the anima, shadow, and persona in masculine psychology. He also reflects on modern physics, the nature of reality, and the political currents of his time. Jung draws on examples from the Mithraic mysteries, Buddhism, Hinduism, Chinese philosophy, Kundalini yoga, and ancient Egyptian concepts of body and soul. He also discusses the symbolism of the Catholic Mass, the Trinity, and Gnostic ideas in the noncanonical Gospels.

With an incisive introduction and annotations, *Dream Symbols of the Individuation Process* provides a rare window into Jung’s interpretation of dreams and the development of his psychology of religion.

History of Modern Psychology
Lectures Delivered at ETH Zurich, Volume 1, 1933–1934
C. G. Jung, Ernst Falzeder, Ulrich Hoerni, Mark Kyburz, John Peck

Jung’s lectures on the history of psychology—in English for the first time

Between 1933 and 1941, C. G. Jung delivered a series of public lectures at the Swiss Federal Institute of Technology (ETH) in Zurich. Intended for a general audience, these lectures addressed a broad range of topics, from dream analysis to yoga and meditation. Here for the first time in English are Jung’s lectures on the history of modern psychology from the Enlightenment to his own time, delivered in the fall and winter of 1933–34.

In these inaugural lectures, Jung emphasizes the development of concepts of the unconscious and offers a comparative study of movements in French, German, British, and American thought. He also gives detailed analyses of Justinus Kerner’s *The Seeress of Prevorst* and Théodore Flournoy’s *From India to the Planet Mars*. These lectures present the history of psychology from the perspective of one of the field’s most legendary figures. They provide a unique opportunity to encounter Jung speaking for specialists and nonspecialists alike and are the primary source for understanding his late work.

Featuring cross-references to the Jung canon and explanations of concepts and terminology, *History of Modern Psychology* painstakingly reconstructs and translates these lectures from manuscripts, summaries, and recently recovered shorthand notes of attendees. It is the first volume of a series that will make the ETH lectures available in their entirety to English readers.
On Theology and Psychology
The Correspondence of C. G. Jung and Adolf Keller
C. G. Jung, Adolf Keller, Marianne Jehle-Wildberger, Heather McCartney, John Peck

Jung’s correspondence with one of the twentieth century’s leading theologians and ecumenists

On Theology and Psychology brings together C. G. Jung’s correspondence with Adolf Keller, a celebrated Protestant theologian who was one of the pioneers of the modern ecumenical movement and one of the first religious leaders to become interested in analytical psychology. Their relationship spanned half a century, and for many years Keller was the only major religious leader to align himself with Jung and his ideas. Both men shared a lifelong engagement with questions of faith, and each grappled with God in his own distinctive way.

Presented here in English for the first time are letters that provide a rare look at Jung in dialogue with a theologian. Spanning some fifty years, these letters reveal an extended intellectual and spiritual discourse between two very different men as they exchange views on the nature of the divine, the compatibility of Jungian psychology and Christianity, the interpretation of the Bible and figures such as Jesus and Job, and the phenomenon of National Socialism. Although Keller was powerfully attracted to Jung’s ideas, his correspondence with the famed psychiatrist demonstrates that he avoided discipleship. Both men struggled with essential questions about human existence, spirituality, and well-being, and both sought common ground where the concerns of psychologists and theologians converge.

Featuring an illuminating introduction by Marianne Jehle-Wildberger, On Theology and Psychology offers incomparable insights into the development of Jung’s views on theology and religion, and a unique window into a spiritual and intellectual friendship unlike any other.

On Psychological and Visionary Art
Notes from C. G. Jung’s Lecture on Gérard de Nerval’s Aurélia

C. G. Jung, Craig E. Stephenson

For the first time in English, Jung’s landmark lecture on Nerval’s hallucinatory memoir

In 1945, at the end of the Second World War and after a long illness, C. G. Jung delivered a lecture in Zürich on the French Romantic poet Gérard de Nerval. The lecture focused on Nerval’s visionary memoir, Aurélia, which the poet wrote in an ambivalent attempt to emerge from madness. Published here for the first time, Jung’s lecture is both a cautionary psychological tale and a validation of Nerval’s visionary experience as a genuine encounter.

Nerval explored the irrational with lucidity and exquisite craft. He privileged the subjective imagination as a way of fathoming the divine to reconnect with what the Romantics called the life principle. During the years of his greatest creativity, he suffered from madness and was institutionalized eight times. Contrasting an orthodox psychoanalytic interpretation with his own synthetic approach to the unconscious, Jung explains why Nerval was unable to make use of his visionary experiences in his own life. At the same time, Jung emphasizes the validity of Nerval’s visions, differentiating the psychology of a work of art from the psychology of the artist. The lecture suggests how Jung’s own experiments with active imagination influenced his reading of Nerval’s Aurélia as a parallel text to his own Red Book.

With Craig Stephenson’s authoritative introduction, Richard Sieburth’s award-winning translation of Aurélia, and Alfred Kubin’s haunting illustrations to the text, and featuring Jung’s reading marginalia, preliminary notes, and revisions to a 1942 lecture, On Psychological and Visionary Art documents the stages of Jung’s creative process as he responds to an essential Romantic text.
Psychology of Yoga and Meditation
Lectures Delivered at ETH Zurich, Volume 6: 1938–1940
C. G. Jung, John Peck, Heather McCartney, Martin Liebscher

Jung’s lectures on the psychology of Eastern spirituality—now available for the first time

Between 1933 and 1941, C. G. Jung delivered a series of public lectures at the Swiss Federal Institute of Technology (ETH) in Zurich. Intended for a general audience, these lectures addressed a broad range of topics, from dream analysis to the psychology of alchemy. Here for the first time are Jung’s illuminating lectures on the psychology of yoga and meditation, delivered between 1938 and 1940.

In these lectures, Jung discusses the psychological technique of active imagination, seeking to find parallels with the meditative practices of different yogic and Buddhist traditions. He draws on three texts to introduce his audience to Eastern meditation: Patañjali’s Yoga Sûtra, the Amitâyur-dhyâna-sûtra from Chinese Pure Land Buddhism, and the Shri-chakra-sambhâra Tantra, a scripture related to tantric yoga. The lectures offer a unique opportunity to encounter Jung as he shares his ideas with the general public, providing a rare window on the application of his comparative method while also shedding light on his personal history and psychological development.

Featuring an incisive introduction by Martin Liebscher as well as explanations of Jungian concepts and psychological terminology, Psychology of Yoga and Meditation provides invaluable insights into the evolution of Jung’s thought and a vital key to understanding his later work.

The Question of Psychological Types
The Correspondence of C. G. Jung and Hans Schmid-Guisan, 1915–1916
C. G. Jung, Hans Schmid-Guisan, John Beebe, Ernst Falzeder

The first English translation of correspondence tracing the development of Jung’s theory of psychological types

In 1915, C. G. Jung and his psychiatrist colleague, Hans Schmid-Guisan, began a correspondence through which they hoped to codify fundamental individual differences of attention and consciousness. Their ambitious dialogue, focused on the opposition of extraversion and introversion, demonstrated the difficulty of reaching a shared awareness of differences even as it introduced concepts that would eventually enable Jung to create his landmark 1921 statement of the theory of psychological types. That theory, the basis of the widely used Myers-Briggs Type Indicator and similar personality assessment tools, continues to inform not only personality psychology but also such diverse fields as marriage and career counseling and human resource management.

This correspondence reveals Jung fielding keen theoretical challenges from one of his most sensitive and perceptive colleagues, and provides a useful historical grounding for all those who work with, or are interested in, Jungian psychology and psychological typology.

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Children's Dreams
Notes from the Seminar Given in 1936-1940
C. G. Jung, Lorenz Jung, Maria Meyer-Grass, Ernst Falzeder, Tony Woolfson

In the 1930s C. G. Jung embarked upon a bold investigation into childhood dreams as remembered by adults to better understand their significance to the lives of the dreamers. Jung presented his findings in a four-year seminar series at the Swiss Federal Institute of Technology in Zurich. *Children’s Dreams* marks their first publication in English, and fills a critical gap in Jung’s collected works.

Here we witness Jung the clinician more vividly than ever before—and he is witty, impatient, sometimes authoritarian, always wise and intellectually daring, but also a teacher who, though brilliant, could be vulnerable, uncertain, and humbled by life’s great mysteries. These seminars represent the most penetrating account of Jung’s insights into children’s dreams and the psychology of childhood. At the same time they offer the best example of group supervision by Jung, presenting his most detailed and thorough exposition of Jungian dream analysis and providing a picture of how he taught others to interpret dreams. Presented here in an inspired English translation commissioned by the Philemon Foundation, these seminars reveal Jung as an impassioned educator in dialogue with his students and developing the practice of analytical psychology.

An invaluable document of perhaps the most important psychologist of the twentieth century at work, this splendid volume is the fullest representation of Jung’s views on the interpretation of children’s dreams, and signals a new wave in the publication of Jung’s collected works as well as a renaissance in contemporary Jung studies.

The Quotable Jung
C. G. Jung, Judith Harris, Tony Woolfson

The definitive one-volume collection of Jung quotations

C. G. Jung (1875–1961) was a preeminent thinker of the modern era. In seeking to establish an interdisciplinary science of analytical psychology, he studied psychiatry, religion, mysticism, literature, physics, biology, education, and criminology. He introduced the concepts of extraversion and introversion, and terms such as complex, archetype, individuation, and the collective unconscious. He stressed the primacy of finding meaning in our lives.

*The Quotable Jung* is the single most comprehensive collection of Jung quotations ever assembled. It is the essential introduction for anyone new to Jung and the Jungian tradition. It will also inspire those familiar with Jung to view him in an entirely new way. *The Quotable Jung* presents hundreds of the most representative selections from the vast array of Jung’s books, essays, correspondence, lectures, seminars, and interviews, as well as the celebrated *Red Book*, in which Jung describes his own fearsome confrontation with the unconscious. Organized thematically, this collection covers such topics as the psyche, the symbolic life, dreams, the analytic process, good and evil, creativity, alchemical transformation, death and rebirth, the problem of the opposites, and more. The quotations are arranged so that the reader can follow the thread of Jung’s thought on these topics while gaining an invaluable perspective on his writings as a whole.

Succinct and accessible, *The Quotable Jung* also features a preface by Judith Harris and a detailed chronology of Jung’s life and work.

- The single most comprehensive collection of Jung quotations ever assembled
- Covers hundreds of quotes
- Covers such topics as the psyche, dreams, good and evil, death and rebirth, and more
- Includes a detailed chronology of Jung’s life and work
- Serves as the ideal introduction to Jung and the Jungian tradition
Black Sun
Depression and Melancholia
Julia Kristeva, Leon Roudiez

In Black Sun, Julia Kristeva addresses the subject of melancholia, examining this phenomenon in the context of art, literature, philosophy, the history of religion and culture, as well as psychoanalysis. She describes the depressive as one who perceives the sense of self as a crucial pursuit and a nearly unattainable goal and explains how the love of a lost identity of attachment lies at the very core of depression's dark heart.

In her discussion she analyzes Holbein's controversial 1522 painting "The Body of the Dead Christ in the Tomb," and has revealing comments on the works of Marguerite Duras, Dostoyevsky and Nerval. Black Sun takes the view that depression is a discourse with a language to be learned, rather than strictly a pathology to be treated.

Julia Kristeva Interviews
Julia Kristeva, Ross Mitchell Guberman

A collection of twenty-two interviews and one personal essay, Julia Kristeva Interviews presents an intimate and accessible portrait of one of France's most important critical thinkers and intellectual personalities.
Melanie Klein
Julia Kristeva

To the renowned psychoanalyst, philosopher, and linguist Julia Kristeva, Melanie Klein (1882–1960) was the most original innovator, male or female, in the psychoanalytic arena. Klein pioneered psychoanalytic practice with children and made major contributions to our understanding of both psychosis and autism. Along the way, she successfully introduced a new approach to the theory of the unconscious without abandoning the principles set forth by Freud. In her first biography of a fellow psychoanalyst, the prolific Kristeva considers Klein's life and intellectual development, weaving a narrative that covers the history of psychoanalysis and illuminates Kristeva's own life and work.

Kristeva tells the remarkable story of Klein's life: an unhappy wife and mother who underwent analysis, and—without a medical or other advanced degree—became an analyst herself at the age of 40. In examining her work, Kristeva proposes that Klein's "break" with Freud was really an attempt to complete his theory of the unconscious. Kristeva addresses Klein's numerous critics, and, in doing so, bridges the wide gulf between the clinical and theoretical worlds of psychoanalysis.

Klein is celebrated here as the first person to see the mother as the source of not only creativity, but of thought itself, and the first to consider the place of matricide in psychic development. As such, Klein is a seminal figure in the evolution of the provocative ideas about motherhood and the psyche for which Kristeva is most famous. Klein is thus, in a sense, a mother to Kristeva, making this book an account of the development of Kristeva's own thought as well as Klein's.

New Maladies of the Soul
Julia Kristeva

These days, who still has a soul? asks Julia Kristeva in her psychoanalytic exploration, New Maladies of the Soul. Hailed by Peter Brooks in the New York Times as "a critic of great psychoanalytic insight," Kristeva reveals to readers a new kind of patient, symptomatic of an age of political upheaval, mass-mediated culture, and the dramatic overhaul of familial and sexual mores. The book poses a troubling question about the human subject in the West today: Is the psychic space that we have traditionally known disappearing?
Strangers to Ourselves
Julia Kristeva, Leon Roudiez

This book is concerned with the notion of the "stranger" — the foreigner, outsider, or alien in a country and society not their own — as well as the notion of strangeness within the self — a person's deep sense of being, as distinct from outside appearance and their conscious idea of self.

Kristeva begins with the personal and moves outward by examining world literature and philosophy. She discusses the foreigner in Greek tragedy, in the Bible, and in the literature of the Middle Ages, Renaissance, Enlightenment, and the twentieth century. She discusses the legal status of foreigners throughout history, gaining perspective on our own civilization. Her insights into the problems of nationality, particularly in France are more timely and relevant in an increasingly integrated and fractious world.
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